



FAMILY HEALTH PARTNERSHIP CLINIC



WINTER 2012

A Note from Suzanne:

Dear Friends,

While we are hearing there is a bit of an uptick in the economy, in most cases that has not yet trickled down to those we serve. In the last few weeks, I have seen many stories about people in the middle class who suddenly find themselves in line at the very food bank where they used to donate.

We have certainly seen that trend in our clinic. We see many more people who have never found themselves in this situation before. Often embarrassed at the turn of events, patients may open up to our staff only gradually, and we find the full spectrum of need much greater than we anticipated.

Our clinic has changed to help address those needs. We have a Patient Navigator who helps integrate mental health services with physical health. She also helps people get to housing services, employment services and works closely with other agencies in the area. We have an emergency food pantry where we can get food for patients who need it. We collect coats, mittens and hats in the winter for patients who come to us with little clothing. In short, we truly are an integrated medical home that cares for the whole person and their family. We are proud of our staff and volunteers for helping the Clinic continue to be a high quality access point for a variety of services in our community. Above all, we are grateful for the trust put in us by our donors who value this work and support this broad spectrum of care. Thank you for what you've done for the patients we serve – you make a big difference.

Suzanne Hoban, *Executive Director*

Health Care Reform Update

The Affordable Care Act is entering its 3rd year. Here's a quick overview of what has happened and what's scheduled to happen this year.

What happened in 2011?

- * Extension of benefits up to age 26 on the parents' coverage (resulting in a strong decrease in the number of uninsured young adults)
- * Elimination of pre-existing conditions for children (making the purchase of health insurance for chronically ill children possible)
- * No co-pays for prevention services for Medicare beneficiaries (encouraging Medicare recipients to take advantage of low cost screening services)

What's on the docket for 2012?

This year, the changes will primarily be process changes, not ones that will noticeably impact consumers. The biggest pushes for this year include:

- * Stricter regulations to prevent Medicare and Medicaid fraud (which should save dollars)
- * The strengthening of data collection and electronic medical records to help provide higher quality care and reduce costs
- * Reduction in Medicare payments to hospitals if their readmission rate is excessive (saving dollars)

What's the impact to the Clinic?

Without a doubt, many of our patients will be able to get health insurance if the law remains intact. But there will still be a large number of people who will be uninsured. Here's what we are predicting the numbers will look like:



The Heartland Institute estimates that there are about 34,496 uninsured in McHenry County. Using data from the Urban Institute's analysis, that number will decrease after the reform, leaving an estimated 20,636 uninsured in the county. The Clinic sees about 3000 unduplicated individual patients each year (although they have over 8700 visits), so even after health reform, we could still only be addressing about 10% of the demand for services in the county.

And then there is Medicaid. Medicaid will be expanded to cover childless adults (unlike the current structure). The number of doctors in the county willing to accept Medicaid is already limited. Since the number of people on Medicaid will increase, the clinics that take Medicaid will quickly become full with Medicaid patients, leaving the uninsured without access.

We hope that many of our patients will be covered, but we believe that there will still be a large group who will need the services of the clinic.

For a very comprehensive, easy-to-understand format of the new law, please go to www.healthreform.kff.org

How You Can Help

*Do you shop online?
Even sometimes?*

Now, almost every online purchase can help your favorite charity – us! Go to the GoodShop website and put the Family Health Partnership Clinic in as the charity you want to support, use their portal to shop online, and part of your purchases go back to us!! There are great places to shop – Amazon, Staples, Expedia, Office Depot, Crate and Barrel, Nordstrom. You can have some of the profits be put back into the community. It's the next best thing to shopping locally! Go to www.goodshop.com

Thank you!

Important Clinic Phone extentions:

Appointments, ext. 10

Donations, ext. 24

Events, ext. 25

Executive Director, ext. 15

Volunteering, ext. 18

815.334.8987



FAMILY HEALTH
PARTNERSHIP
CLINIC

13707 WEST JACKSON STREET
WOODSTOCK, ILLINOIS 60098

815.334.8987 - EXT. 15 OR 24
Email: hpclinic@mc.net - www.hpclinic.org

Community Partners



Care4 (2011) Breast Cancer 5K Chiefs were 39 community members, representing towns throughout McHenry County, who served as “chiefs” of our event! With the growth of our run/walk, it was necessary to involve the public in volunteering. In 2010, we were joined by 35 enthusiastic volunteers to lead key areas. This past year, we increased that number to 39. The 2011 Chiefs were: Jamie Ahrens, Dick Ahrens, Monica Amraen, Liz Annetti, Joe Blanco, Cathy Brickey, Greg Buchwald, Ray Caywood, Bill & Elizabeth Donato, Bruce Farris, Peggy Grasley, Debbie Guild, Susan Gullotto, Camden Harlan, Suzanne Hoban, Steven Jayko, Alex Kammin, Lila Keller, Craig Krandel, Jen Luna, Colleen Maloney, Brian McAdow, Sylvester McAllister, Jim McDonald, Jeff & Cathy Patenaude, Elizabeth Phelps, Kathy Rauch, Pete Robson, Hillary Russell, John Sullivan, Julie Thompson, Teresa Vidales, Marilyn Wahl, Bob Walsh, Lorna Wolff, Judi Woods, Tami Zinnen. With their help, we raised over \$178,000 for breast cancer services for uninsured patients at the clinic!



*Suzanne Hoban pictured with
Steve Gavers*

Gavers Community Cancer Foundation (GCCF) has been supporting the clinic since 2002 through proceeds raised at their Annual Barndance. At the Care4 Breast Cancer 5K, Steve Gavers and several GCCF Board Members presented the clinic's Executive Director, Suzanne Hoban, with a check for \$50,000. This generous donation will assist uninsured patients at the clinic with screening detection services for lung cancer, prostate cancer and colon cancer. The Foundation members and community volunteers work tirelessly to ensure the Barndance is a great success, and from that success they are able to assist many cancer groups. The clinic has been awarded over \$400,000 since 2002. The Gavers Barndance this year is scheduled for Saturday, July 14, 2012 at Emricson Park in Woodstock.

Patient Stories

"In Arizona I built a small and successful business that came to employ 125 people. It took 6 years to reach that level and, due to unforeseen events, less than an hour to destroy the company. Along with the business went my salary and medical benefits. My personal reserves were depleted within several months. I was able to secure short term employment at a reduced pay rate and no medical benefits. I am on three medications that cost in excess of \$500 per month. In addition to the medications, I am required to have quarterly medication checks. Trying to make ends meet on a little over \$1,000 per month and without insurance, it became impossible to afford the prescriptions. I decided to return to Woodstock where my family lives. My sister-in-law, Kathy Rauch, (O'Grady) immediately suggested that I register with the clinic with which she is affiliated. I did become a patient of FHPC and within 30 days I was seen by a volunteer physician. The physician ordered a series of blood screening tests that I would not have been able to afford at full cost. At 54, I now have a clear understanding of what FHPC and other clinics like it offer the financially distressed members of their communities".

"I greatly appreciate the service provided by FHPC and thank the founders and managers for the foresight in creating this facility not only for the assistance they have provided me, but for the underserved community at large. Thank you!"

--Tim O'Grady, Woodstock



In November of 2011, a 30 year old patient came in for a physical. He did not have insurance, and admitted to being off of his diabetic medications for almost two years. During the course of his exam, he off-handedly mentioned that he had a "small" blister on his foot. Our nurse immediately requested that he remove his sock for a closer look. She was appalled to see an enormous diabetic lesion that consumed his entire big toe and spread to the bottom of his foot. Diabetic wounds are one of the primary reasons for amputation and his wound, if not treated, would have led to an amputation of part of his foot.

Our team went into action, devised a wound care plan, dispensed medications and scheduled him for weekly follow up appointments. While not yet completely healed, the care he received very likely saved his foot. And YOU, our supporters, made that possible.

---Name and picture withheld to protect patient privacy

Did You Know...

We saw a record number (8,768) of patient visits in fiscal year 2010- 2011, a 17% increase...

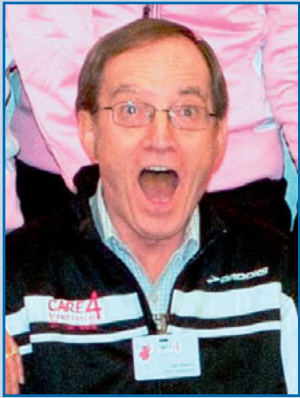


GETTING TO KNOW OUR STAFF

Wendy Salinas lives in Woodstock with her husband Francisco and three year old son, David. Hailing from Cuernavaca Morelos, Mexico, Wendy began at the clinic almost four years ago. She started in the front office and moved to the interpreter role recently. She assists patients with language needs so they can adequately and confidently converse with the clinic's volunteer physicians and nurse practitioners. "I like the environment at the clinic, helping out people who need it and my co-workers" she says. "I am most touched by patient stories, especially patients who have let their health go and they come for a simple physical and discover they have a surprising, severe health condition." "Patients are so appreciative of the affordable care they receive, as well as the help with the pharmacy medications and how we make them feel they matter." When Wendy is not here helping others she spends time having fun with her little boy, husband and jack russell terrier, "Max." We are fortunate to have Wendy on staff here!



Wendy Salinas



Each and every day, the Clinic is touched by volunteers from all walks of life with many gifts and talents. We are blessed by the diversity and the expertise so many share with us. One such volunteer was Joe Blanco of McHenry. Joe served on our Care4 Breast Cancer 5K Run/Walk Committee in 2010 and 2011. He was instrumental in serving as the Chief of Transportation which required diligent attention to detail, many hours of coordination and partnering extensively with our team and the Woodstock community. He worked with Hearthstone Manor, Centegra and the Dunham school district to develop an efficient shuttling system for participants between the McHenry County Government Center and the race at Woodstock North High School. Joe recruited a very dedicated volunteer transportation crew that worked alongside him both years. Joe passed away in December and will be remembered for his dedication to the Care4 Breast Cancer Race and the Family Health Partnership Clinic and also for the care and consideration he gave to his race crew, the drivers and participants.



M c H E N R Y C O U N T Y
COMMUNITY
F O U N D A T I O N

Have you done your financial planning for the year yet? January often brings a rush of resolutions, many of them having to do with money. As you go into your planning, consider the McHenry County Community Foundation (MCCF). The Community Foundation is one of the leading philanthropic groups in the community. Its mission is to match donors with causes that matter. The Community Foundation has several funds under its wing, as well as unrestricted funds that it uses to make grants to non profits every year. Some non profit organizations have funds including, the Family Health Partnership Clinic. The Clinic fund was set up by a generous donor who wanted a lasting legacy to the Clinic. These funds are invested, and the Clinic utilizes the proceeds for various projects. What's the difference between donating to the Clinic directly and donating to the Clinic Fund at the Foundation? The Clinic Fund at MCCF is a way to help your gift continue to give. MCCF can help you in your philanthropic goals both now and in the future. Check out the website at www.mccfdn.org and learn more!

Donors of all Kinds

In December, "Bob" came to the clinic with his brother. His brother is a patient at the clinic and was here for his regular check up and other necessary medical issues. Bob, who is not a clinic patient, was so impressed by the care, compassion and time the nursing staff gave to his brother that he made a very special gesture. Bob donated \$1,000 to the clinic in honor of the care his brother received and as a thank you to our dedicated medical staff.

---Name withheld to protect the privacy of the patient.

Save the Dates...

**Sweet Home Chicago
Annual Gala & Dinner Auction**
Friday, April 13th
Holiday Inn, Crystal Lake
Info. www.hpclinic.org

Fair Diddley Craft Show
Sunday, May 20th
Woodstock Square
Info. www.mhrl.org

Human Race
Sunday, April 15th
McHenry Corporate Park, McHenry
Info. www.mchumanrace.org

**Gavers Community
Cancer Foundation Barndance**
Saturday, July 14th
Emricson Park, Woodstock
Info. www.gavers.org

Follow Us on Facebook & Twitter!