



FAMILY HEALTH PARTNERSHIP CLINIC



WINTER 2011

A Note from Suzanne:

Welcome to 2011! The Clinic is pleased to start the year on a very positive note. Because the clinic does not depend on the government for funding, we need to be creative in looking for other avenues to support our work. The community continues to be very generous to us, and this year certainly was no different. In October 2010, our Care4 Breast Cancer Race was extremely successful, and because of that, we were able to add an additional women's health clinic each week. This clinic focuses on breast health, clinical breast exams and teaching of breast self exams. Additionally, women can get pap smears and other cancer screenings thanks in part to the Gavers Foundation. The Clinic also received excellent news in December that a project proposed to CVS Caremark was accepted and will add yet another ½ day general clinic. We hope that these increases in service will mean that McHenry County residents will have additional access to care and a healthier McHenry County. We also received good news from the Grant Healthcare Foundation and the Mental Health Resource League which helps to fund our Pharmaceutical Assistance Program. This program, staffed by Jessica Castenada, brings in over \$100,000 worth of medication every month for our patients. This fills a significant need for those with chronic illness. We continue to look for ways to improve and increase services, and we are grateful for the partnerships that allow us to do that.

Suzanne Hoban, *Executive Director*

Community Partners

The Family Health Partnership Clinic could not do what we do if it weren't for some significant partners in the community. One of those partners is Centegra Health System who has consistently stepped up to the plate in service of the community, particularly the uninsured and underinsured. For several years, Centegra has been a continuing significant sponsor for our community events, annual Auction & Gala and our Care4 Breast Cancer 5K. Additionally, Centegra has made a significant financial pledge to the clinic to ensure that people in the community have access to primary health care. The spirit of partnership runs deeper, however. Centegra has made it a priority to highlight the Clinic to its new physicians and encourage them to volunteer with us. Centegra also ensures that the Clinic has a presence at its Continuing Educational Symposiums which is an excellent venue for recruiting additional volunteers. Even more



Lynn Greismaier, RN, Breast Health Navigator at Centegra Gavers Breast Center speaks at the Care4 Breast Cancer 5K

important, Centegra has worked with the Clinic to develop a more integrated system for providing services outside the scope of practice for the Clinic – things like x-rays, significant lab tests and other procedures. This longstanding commitment to the community is a tremendous asset to the McHenry County area and the Clinic looks forward to continuing its strong partnership to bring health care to all.

2010 – A Busy Year!

2010 was a busy year for the Clinic. In opening our McHenry office, we were able to see more people. We also hired Victoria Faustino as our full time nurse practitioner. Her consistency at the clinic makes it easier to schedule patients. In the last calendar year, we had 8,210 visits. That is a 12% increase from calendar year 2009. The top diagnoses continued to be chronic conditions. Diabetes topped other conditions, coming in at about 10% of visits, followed by hypertension and woman's health. Mental health issues came up with some regularity, particularly anxiety

and depression. Contrary to what the picture is of what the uninsured look like, our largest age group receiving services is the 45 – 65 year old population. This debunks the belief that younger people are less likely to have insurance, often because they choose not to purchase it. The number of children under 18 has dropped, since the state expanded the AllKids program to help cover them. Since the clinic does not take AllKids, nor any other form of insurance, those children are now receiving care at private physician offices.

How You Can Help

Family Health Partnership Clinic is entering its 15th year providing health care to uninsured residents in McHenry County. This is made possible by people like you who have decided to contribute to our mission. There are three ways for you to become involved: time, talent and treasure.

Time: If you have a few hours per month to volunteer your time at the clinic, we would welcome you. Please contact Kathy Rauch, our Volunteer Coordinator, if you are interested at krauch@hpclinic.org

Talent: Are you a medical provider with three hours per month to spare? Those three hours are invaluable to our patients. If you are interested, please contact Diane Fuller, our Nurse Manager, at dianef@hpclinic.org

Treasure: As with all non-profits, monetary means are always needed to provide ongoing medical care to our patients. For \$10.00 a month, you would be able to provide baseline diagnostic lab tests for one patient each month. You may make a donation via the envelope enclosed or securely on-line through our website and the Network for Good link.

Important Clinic Phone extentions:

Appointments, ext. 10

Donations, ext. 24

Executive Director, ext. 15

Volunteering, ext. 18

815.334.8987

McHenry County Community Foundation

Have you done your financial planning for the year yet? January often brings a rush of resolutions, many of them having to do with money. As you go into your planning, consider the McHenry County Community Foundation (MCCF). The Community Foundation is one of the leading philanthropic groups in the community. Its mission is to match donors with causes that matter. The Community Foundation has several funds under its wing, as well as unrestricted funds that it uses to make grants to non profits every year. Some non profit organizations have funds such as The Land Conservancy, Hearthstone Communities and yes,

the Family Health Partnership Clinic. The Clinic fund was set up by a generous donor who wanted a lasting legacy to the Clinic. These funds are invested, and the Clinic utilizes the proceeds for various projects. What's the difference between donating to the Clinic directly and donating to the Clinic Fund at the Foundation? The Clinic Fund at MCCF is a way to help your gift continue to give. The fund is also set up to receive gifts of appreciated stock or life insurance, and MCCF can help you in your philanthropic goals both now and in the future. Check out the website at www.mccfdn.org and learn more!

Diabetic Program

For several years, the Visiting Nurses Association Foundation of Chicago has funded the clinic's diabetes program. This program is very important because for the most part, diabetes can be controlled with proper medication, education and monitoring. Without these components, complications can lead to blindness, neuropathy and even amputation of limbs. The Clinic's diabetes program is designed

to surround the patient with all of the skills and tools he/she needs to effectively manage the diabetes. Within a short time of being diagnosed, the patient is scheduled for a more intense diabetic education session staffed by a volunteer diabetic educator or one of our specially trained nurses. Patients are given a blood glucometer, dietary advice, test strips and medication if indicated. Patients needing medication are enrolled in the Pharmaceutical Assistance Program so they can continue to receive their medication for free. Patients often have a difficult time in continuing to buy test strips to check their blood sugar levels because they are so expensive, so the Clinic has partnered with America's Cardboard Cup Regatta Foundation to provide test strips to patients. Patients are also urged to get flu shots, provided in part by the Woodstock Morning Rotary. Flu shots are particularly important for people with chronic illnesses like diabetes. Since the program began, the Clinic has been able to demonstrate a measurable drop in patients' A1c levels (a way to measure blood sugar over time), and an increase in compliance for monitoring.



A Patient's Story

"I was a volunteer at Family Health Partnership Clinic. And then, without warning, I lost my job and my health insurance. Now I am a volunteer and a patient."



It was bad enough to lose her job, but with losing health insurance Mary Lou (of Woodstock) knew she was in major health trouble as well. Mary Lou has epilepsy and without medications, she can not function in the outside world. Epilepsy drugs are very expensive and she takes two. She had no idea how she would come up with the money to afford them out of pocket. She turned to the clinic staff and told them of her predicament. The nurses looked at all the medications and found programs where Mary Lou could get them for free. They helped her with the paperwork and Mary Lou had her medications within three weeks. She is seeing a clinic medical provider regularly to monitor her epilepsy which has been kept under control so far.

Care4 Breast Cancer 5K Results

On October 24rd, 3,000 people came out to the 10th Annual Care4 Breast Cancer 5K Run/Walk held at Woodstock North High School. Participants and their supporters raised over \$177,000! This was a 30% increase from 2009 and the additional funds translate into an additional 50 women per month who can receive breast cancer services.



We received the support of 500 community members, 35 community leaders and numerous groups who helped us from a logistical perspective. We continue to be humbled and honored by the show of support from throughout McHenry County for our 5K event.

This year's event date is Sunday, October 23rd at Woodstock North High School.

Did You Know... The Pharmaceutical Assistance Program helps patients get over \$100,000 worth of medication each month!!!!!!

Creative Generosity

We are continually impressed with the unique ways our supporters come up with to connect a donation to our work. And, when it involves future generations, we are especially touched! Lou Ness and Marybeth Urbin of Woodstock made a generous donation to the clinic during our 2010 Annual Campaign appeal. This wonderful gesture was their Christmas gift to their grandchildren "so that they will know the gifts of generosity and abundance". We are so appreciative of this donation and so grateful to have friends like Lou and Marybeth who are an inspiration to others. We also thank their wonderful grandchildren in whose honor the donation was made: Adam Hernandez, Janae Doyle, Alexandria Hernandez, Lauren Perrine, Hannah Doyle, Isabelle Doyle, Drew Perrine, Madison Troub-Ness, Chloe Troub-Ness, Josh Troub, Kai Ironstrack, Mirin Ironstrack, Zoie Ness-Adamson and Griffen Ness-Adamson.



GETTING TO KNOW OUR STAFF



Maureen Javan

Patients who have ever had a particular difficulty with a financial situation or with their medical bills, have most likely talked to Maureen, our office manager. She does a great job working with patients to help

them get the answers and outcomes they need. Her positive mood and upbeat attitude bring many smiles to the faces of staff and patients in the clinic. Maureen was born in Evergreen Park, and grew up in Villa Park. Her first job was as a waitress, which she liked because she could interact with customers. She moved out to McHenry County in 1993, and began working at Centegra in Billing and Business Administration. She started at the clinic in 2005, and loves her job. One of her favorite vacations is going to Las Vegas. We hope she wins and donates a big chunk of her proceeds to the Family Health Partnership Clinic!



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Algonquin, IL 60102
Permit No. 65

United Way
of Greater McHenry County



The United Way of Greater McHenry County Volunteer Center is having a great event on April 16, 2011 - the Human Race!

This unique race is designed to raise money for specific McHenry County charities who register to participate. A 5K walk or run, the Human Race brings together many different agencies into a unified effort to raise money and awareness for the wonderful agencies in McHenry County. This race is different from the Clinic's race in October which is dedicated to breast cancer early detection, education and awareness.

Please support this race by participating or by pledging to the clinic online.

For more information, to register or to donate, go to www.mchumanrace.org. Or go to the clinic's website at www.hpclinic.org and click on "The Human Race".

Join the clinic's team and enjoy the beautiful spring air!

Save the Dates...

Annual Gala & Dinner Auction

Friday, April 15th
Holiday Inn, Crystal Lake
info. www.hpclinic.org

Human Race

Saturday, April 16th
McHenry Corporate Park, McHenry
Info. www.mchumanrace.org

Go 2 Goal, 2011 Soccerthon Playing it forward for FHPC!

Saturday, May 14th & Sunday, May 15th
Tomaso Sports Complex, Huntley
info. www.heatunited.com or www.hpclinic.org

Fair Diddley Craft Show

Sunday, May 15th
Woodstock Square 10 a.m. - 5 p.m.

Follow Us on Facebook & Twitter!

Please join our monthly newsletter to learn about current happenings, send your e-mail address to cpatenaude@hpclinic.org.
Our lists are not shared with other organizations.